



# The Cycle of Grace

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Living the life Jesus lived

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Adapted and further developed by Viv Thomas

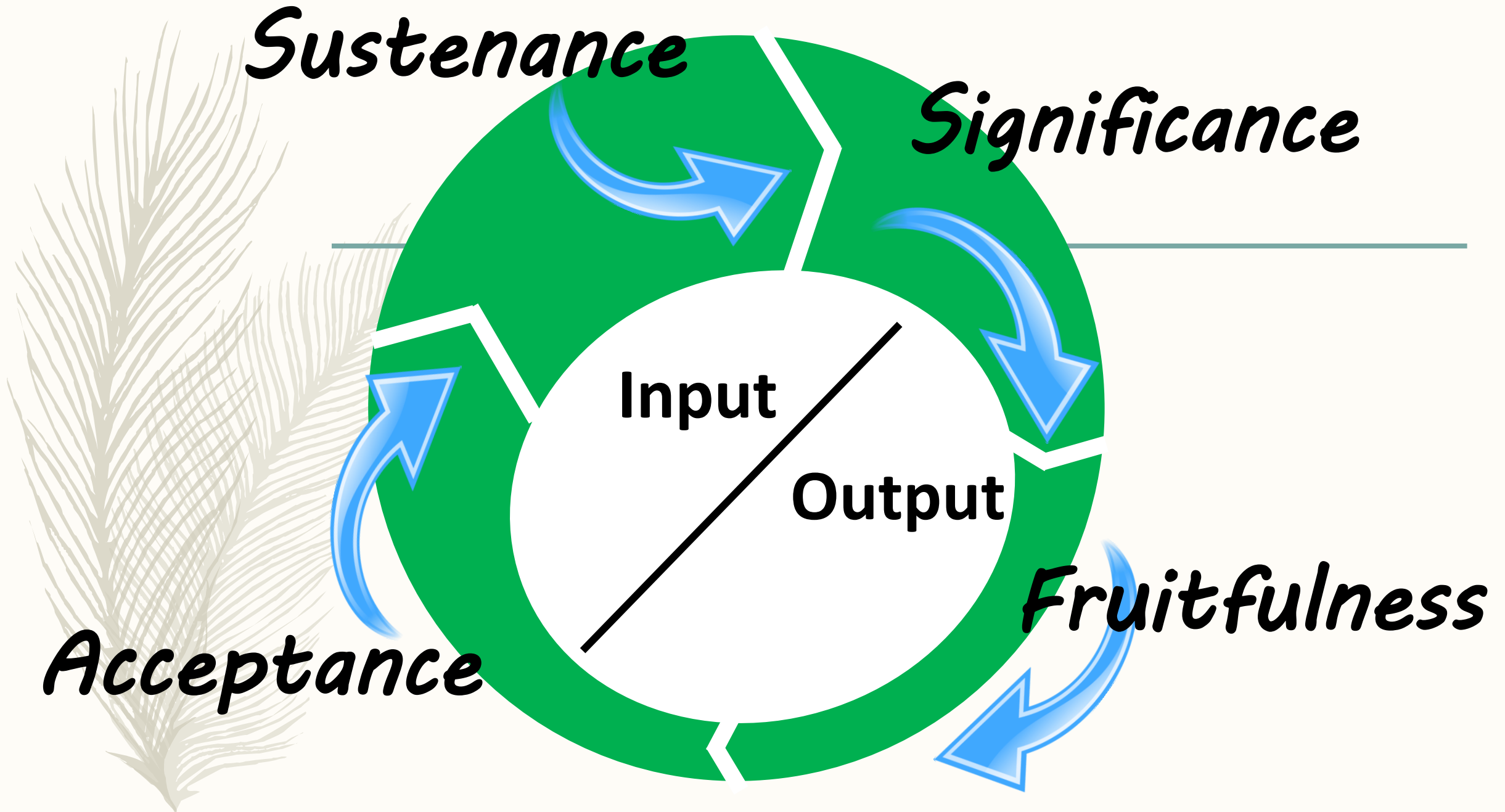


**‘I am come that they may have  
life and have it to the full’**

John 10:10

**‘From his fullness we have all  
received grace upon grace’**

John 1:16

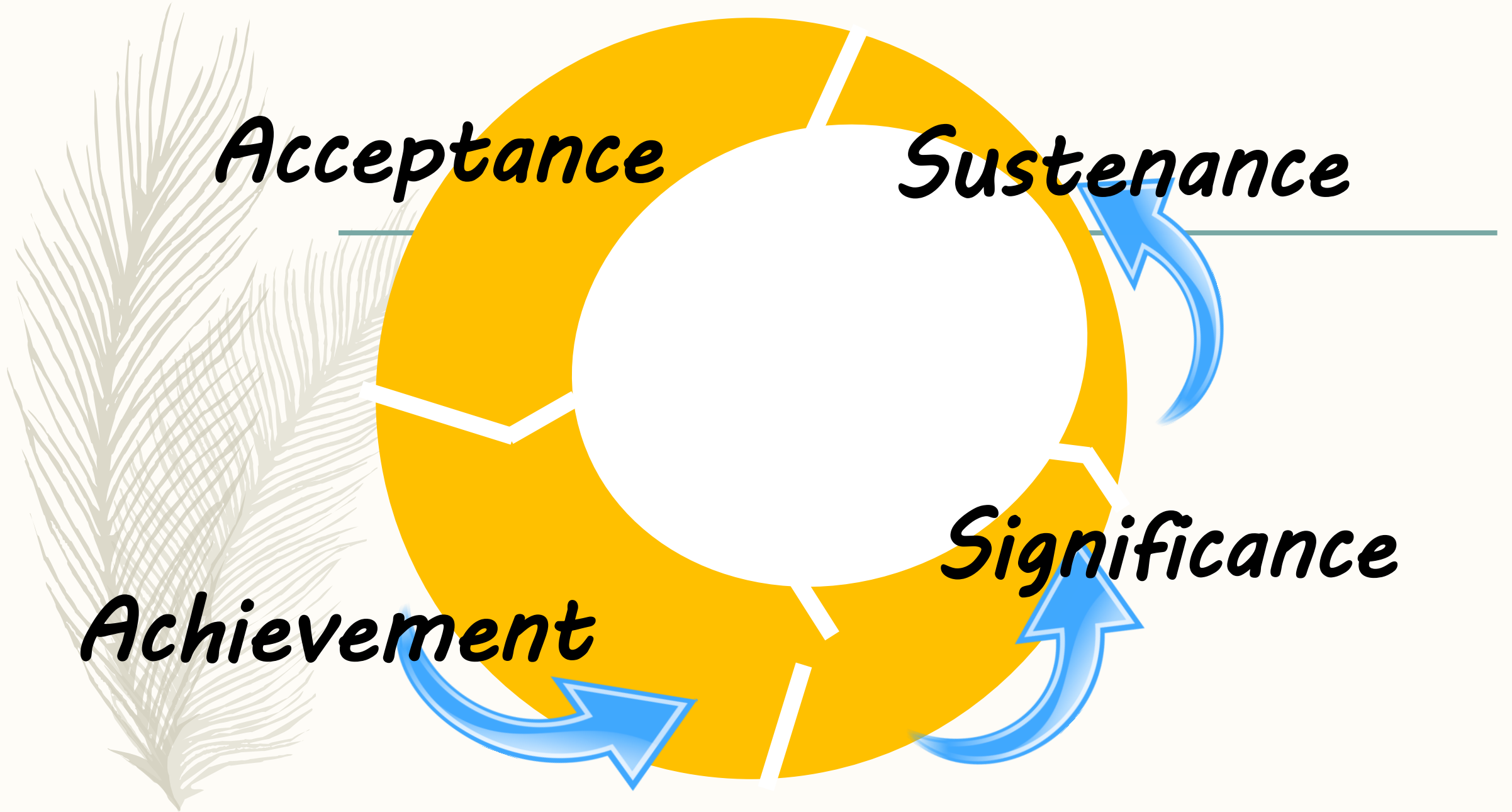




# The Cycle of Works

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Living the Life Jesus did not live





# God's Delight

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'The Lord your God is with you, He is mighty to save. He will take great delight in you, He will quiet you with his love, He will rejoice over you with singing'.

**Zephaniah 3:17**



# Cycle of Works and your F.A.C.E

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Sometimes you can discover if you are on the Cycle of Grace or Cycle of Works through looking at your F.A.C.E. The Cycle of Works F.A.C.E. can look like this:

- **Fears**
- **Attachments**
- **Control**
- **Entitlements**



# Fears

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What am I afraid of and where does that fear come from?

If this doesn't change, where will it lead me?



# Attachments

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What do I clinging to?

Any ideas I can't let go of?

Are there any habits I am  
inappropriately attached to?





# Control

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Are there situations where I am trying to exert too much control?

Am I trying to control people, organisations, events or outcomes in an obsessive way?



# Entitlements

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An entitlement is something I think I deserve.

Do I have ideas of entitlement which are inappropriate?

I've worked hard so I have the right to be rude to my work colleagues.

I have the right to feel sorry for myself because of failure or criticism.



# Cycle of Grace and your F.A.C.E.

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Cycle of Grace F.A.C.E can look  
like this

- *Freedom*
- *Abundance*
- *Compassion*
- *Effectiveness*



# Cycle of Grace

## F.A.C.E. Freedom

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Freedom grows out of a  
relationship of love.

When freedom and love come  
together courage is the result.



# Abundance

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From a place of scarcity you  
journey towards generosity



# Compassion

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Being loved opens the door of loving others who need your love, service, hospitality or warmth.



# Effectiveness

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Lasting transformation is possible because being rooted in the right place positive change is inevitable.